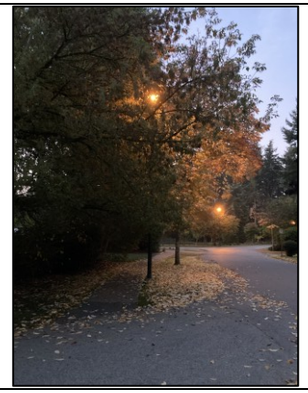
Sunday	Monday	Tuesday *Elen's hair Salon*	Wednesday	Thursday	Friday Janet & Lucy *Elen's hair Salon* Tuck Store 1:30-3pm Theatre Rm	Saturday
1. ***9:30*** Exercise/Awareness© ***10:00*** Dog Therapy w/Samantha & Tucker ***10:30*** Word Games ***1:30*** Mystery Time ***2:30 Karaoke Joe***	**2.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games (B) ***10:15*** *Prayers & Songs(+)* ***1:30*** Mystery Time © ***1:30*** Bingo (T)	**3.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Word Games ***10:15*** Catholic Communion(+) ***11:15am*** Bus Outing Lunch@ Roadhouse café ***1:15*** *Spirit Lifters(T)* ***1:30*** **Sing-A-Long w/L. C**. © ***2:45*** **Hand Chimes w/L. C**	**4.** ***NO*** Armchair Exercises or Table games today ****9:45*** *WRBC Coffee & games w/Friends ***10:15 Hymn Sing*** (+) ***2:00 Music Afternoon w/Franz*** *& his Squeezebox* ***(Italian theme)***	**5.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Word Games (B) ***1:30*** Pencil Talk (AL) ***1:30*** Story Time ©	**6.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games (B) ***10:30*** Bible Study ***1:30*** Tuck Store (T) ***1:30*** Mystery Time ©	**7.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Word Games (B) ***2:00*** Music w/ ***Kierah Raymond*** (B)
8. ***9:30*** Exercise/Awareness© ***10:30*** Word Games ***1:30*** Mystery Time ***2:30 Karaoke Joe***	**9.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games (B) ***10:15*** *Prayers & Songs(+)* ***1:30*** Movie Night © ***1:30*** Bingo (T)	**10.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Word Games ***10:15*** Catholic Communion(+) ***1:15pm-Bus Outing*** Scenic Drive ***1:15*** *Spirit Lifters(T)*	**11.** ***STAT*** REMEMBRANCE DAY ***NO*** Armchair Exercises ***10:00 Remembrance Day Service*** (B) ****2:00 Music – sing a long***	**12.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** **Resident Council** (B) ***1:30*** Painting Class w/Star ***1:30*** Bingo in Complex ©	**13.** ***Ken OFF - -> Island*** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games (B) ***10:30*** Bible Study ***1:30*** Tuck Store (T) ***2:00*** Garden Club (B)	**14.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Word Games (B) ***2:00*** Music w/**Alastair McMurray** (B)
15. ***9:30*** Exercise/Awareness© ***10:00*** Dog Therapy w/Samantha & Tucker ***10:30*** Word Games ***1:30*** Mystery Time ***2:30 Karaoke Joe***	**16.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games(B) ***10:15*** *Prayers & Songs(+)* ***1:30*** Mystery Time © ***1:30*** Bingo (T)	**17.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Word Games ***10:15*** Catholic Communion(+) ***11:15am-Bus Outing*** Lunch @ C-Lovers ***1:15*** *Spirit Lifters(T)* ***1:30*** **Sing-A-Long w/L. C**. © ***2:45*** **Sing-A-Long w/L. C.** (AL)	**18.** ***NO*** Armchair Exercises or Table games today ****9:45*** *WRBC Coffee & games w/Friends ***10:15 Hymn Sing*** (+) ***2:00 Music Afternoon w/ John Gilliat***	**19.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Word Games (B) ***1:30*** Arts and Crafts © ****1:30*** Shelia Jakus – Play & Jokes	**20.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games (B) ***10:30*** Bible Study ***1:30*** Tuck Store (T) ***2:30 Karaoke Joe***	**21.** ***9:30*** Armchair Exercises(B) ***9:30*** Chair Yoga © ***10:00*** Word Games(B) ***1:30 Sing-a-long (B)***

Sunday	Monday	Tuesday	*Wednesday*	Thursday	Friday	Saturday
22. ***9:30***Exercise/Awareness© ***10:30*** Visit to Library* ***1:30*** Painting & Coloring ©	**23.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games (B) ***10:15*** *Prayers & Songs(+)* ***1:30*** Mystery Time © ***1:30*** Bingo (T)	**24.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:15*** Catholic Communion(+) ***11:15am-Bus Outing*** (Chamber Music Concert in N.Delta)@1pm) w/packed lunch ***1:15*** *Spirit Lifters(T)*	**25.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games(B) ***10:15 Hymn Sing*** (+) ***2:00 Music Afternoon w/Classic Rewind*** (Dave & Fernando)	**26.** ***NO*** Armchair Exercises ***9:30*** Awareness © ****9:45 Grandfriends Visit*** ***1:30*** Grow a Plant © ***1:30*** Art Class w/Starlene	**27.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games (B) ***10:30*** *Bible Study* (+) ***1:30*** Tuck Store (T) ***2:00*** Garden Club (B)	**28.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Word Games(B) ***2:00*** Music w/**Alastair McMurray** (B)
29. ***9:30*** Exercise/Awareness© ***10:00*** Dog Therapy w/Samantha & Tucker ***10:30*** Mystery Time ***1:30*** Outside Walks © (weather permitting)	**30.** ***9:30*** Armchair Exercises(B) ***9:30*** Awareness © ***10:00*** Table Games (B) ***10:15*** *Prayers & Songs(+* ***1:30*** Mystery Time © ***1:30*** Bingo (T)					

LEGEND FOR ROOMS

(0) Oak Lounge
(B) Basement Activity Rm
(T) Theatre Room
(F) Fireside Lounge
(P) Back Patio
© Complex Care
(G) GardenView – Complex
{C} Coffee Shop
(+) Chapel



November

2026

