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			<p><b>FASHION CLOSET</b> Thursday March 7 11am-3pm (Oak Lounge) (Family or friends encouraged to help residents with shopping)</p>		<p>1. <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Bible Study  <i>11:30 AL Tuck Store</i> <b>2:00</b> Press Your Luck  <b>3:30</b> Bowling  <b>6:15</b> Sing-a-Long w/Angela </p>	<p>2. <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Shuffleboard  <b>2:00</b> Reminisce - Green</p>
<p>3. <b>9:30</b> Chapel   <b>10:45</b> Sing-a-Long (piano Kids)  <b>1:15</b> Trivia <b>2:15</b> Mystery Time (AL&amp;C)</p>	<p>4. <b>9:30</b> Armchair Exercises <b>9:30</b> Start Right © <b>10:30</b> Word Games  <b>1:30</b> Hymn Sing  <b>2:30</b> Table Talk(AL&amp;C)  <b>2:30</b> Bingo  <b>5:30-6:30</b>—Music Therapy (Oak Lounge)</p>	<p>5. <b>9:30</b> Armchair Exercises <b>9:30</b> Start Right © <b>10:30</b> Shuffleboard  <b>1:30</b> <u>SPRING CLEANUP</u> – <i>1:30-4pm</i>  <b>2:30</b> Mystery Time (Oak Lounge)  <b>5:15</b> <u>Diner's Club</u> – pizza </p>	<p>6. <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:15</b> Catholic Communion...Chapel  <b>10:30</b> <u>Painting Class w/ Jess</u>   <b>2:00</b> <u>Music Afternoon w/Barry Powell</u> (keys)   <b>6:15</b> Ante Up</p>	<p>7. <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> set up Oak Lounge <b>11:00-3:00</b> <u>Fashion Closet</u> (Oak Lounge)  <b>3:00</b> Late Bloomers Garden Club <b>3:30</b> Mystery Time  <b>6:15</b> Bingo </p>	<p>8. <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Bible Study  <i>11:30 AL Tuck Store</i>  <b>1:30</b> Start Right 2 © <b>1:30</b> Pencil Talk <b>3:30</b> Bowling   <b>6:15</b> <u>Sing-a-Long w/Angela</u></p>	<p>9. <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Reminisce -Green-  <b>2:00</b> <u>Bob Collins (Irish Music)</u> </p>
<p>10. <b>Daylight Savings – Clocks AHEAD 1 hour</b>  <b>9:30</b> Chapel   <b>10:45</b> Sing-a-Long (piano Kids)  <b>1:15</b> Reminisce &amp;Talk (AL&amp;C) <b>2:15</b> Mystery Time (AL&amp;C)</p>	<p>11. <b>9:30</b> Armchair Exercises <b>9:30</b> Start Right © <b>10:30</b> Word Games  <b>1:30</b> Hymn Sing  <b>2:30</b> Bingo   <b>2:30</b> Table Talk (AL&amp;C)  <b>5:30-6:30</b>—Music Therapy (Oak Lounge)</p>	<p>12.  <b>8:15a.m.**</b> Breakfast Club <b>9:30</b> Armchair Exercises <b>10:00</b> Start Right ©  <b>1:30</b> Scenic Drive   <b>1:30</b> <u>Spirit Lifters</u> <b>1:30</b> Start Right 2 © <b>3:30</b> Tee Up For Golf <b>6:15</b> Scouts Visit (Heather)</p>	<p>13. <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:15</b> Catholic Communion  <b>10:30</b> <u>Painting Class w/ Jess</u>  <b>2:00</b> <u>Musical Afternoon w/ Brian Gimbel</u> (keys)  <i>Irish Theme</i>  <b>6:15</b> Crosswords</p>	<p>14. <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Shuffleboard  <b>2:00</b> Java Club   <b>3:00</b> Late Bloomers Garden Club   <b>6:15</b> Bingo </p>	<p>15 <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Bible Study  <i>11:30 AL Tuck Store</i>  <b>1:30</b> <u>Steel School</u> – Irish Dancers   <b>3:30</b> Mystery Time <b>6:15</b> <u>Sing-a-Long w/Angela</u></p>	<p>16. <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Trivia  <b>1:30</b> Bus Outing - Scenic Drive </p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17. St. Patrick's Day</b> <b>9:30</b> Chapel   <b>10:45</b> Sing-a-Long  <b>1:15</b> Trivia (AL&C)  <b>2:15</b> Mystery Time (AL&C)	<b>18</b> <b>9:30</b> Armchair Exercises <b>9:30</b> Start Right © <b>10:30</b> Word Games  <b>1:30</b> Hymn Sing   <b>2:30</b> Bingo   <b>2:30</b> Table Talk (AL&C)  <b>5:30-6:30</b> —Music Therapy (Oak Lounge)	<b>19.</b>  <b>8:15a.m.**</b> Breakfast Club <b>9:30</b> Armchair Exercises <b>10:00</b> Start Right © <b>10:30</b> Shuffleboard <b>1:30</b> Anglican Church Service  <b>1:30</b> Start Right 2 © <b>2:30</b> Mystery Time <b>3:30</b> Tee Up For Golf <b>6:15</b> Laughter Yoga * -	<b>20.</b> <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises  <b>10:15</b> Catholic Communion-(Chapel)   <b>10:30</b> Painting Class w/ Jess  <b>2:00</b> Musical Afternoon w/Peter Williams (piano)   <b>6:15</b> Ante Up	<b>21.</b> <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Shuffleboard  <b>11:30am</b> Bus Outing Lunch Outing(*)  Boundary Bay Airport  <b>3:00</b> Late Bloomers Garden Club  <b>6:15</b> Bingo 	<b>22.</b> <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Bible Study  11:30 ALTuck Store  <b>1:30</b> Start Right 2 © <b>2:00</b> Java Club   <b>3:30</b> Tee up For Golf <b>6:15</b> Sing-a-Long w/Angela 	<b>23.</b> <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Finish My Lyrics   <b>2:00</b> Peter Tennant (Guitar) 
<b>24.</b> <b>9:30</b> Chapel   <b>10:45</b> Sing-a-Long  <b>1:15</b> Reminisce & Talk © <b>2:15</b> Mystery Time (AL&C)	<b>25.</b> <b>9:30</b> Armchair Exercises <b>9:30</b> Start Right © <b>10:30</b> Word Games <b>1:30</b> Hymn Sing   <b>2:30</b> Bingo  <b>2:30</b> Tea w/Rosemarie (AL) <b>5:30-6:30</b> —Music Therapy (Oak Lounge)	<b>26.</b> <b>9:30</b> Armchair Exercises <b>9:30</b> Start Right © <b>10:30</b> Shuffleboard <b>1:30</b> Start Right 2 ©  <b>1:30</b> Spirit Lifters  <b>2:30</b> Trivia <b>3:30</b> Tee up for Golf <b>6:15</b> Jon Elton Sing-a-long 	<b>27.</b> <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises  <b>10:15</b> Catholic Communion-(Chapel)   <b>10:30</b> Canadian Trivia  <b>2:00</b> Musical Afternoon w/ Kierah Raymond (Celtic Fiddle)   <b>6:15</b> Crosswords	<b>28.</b> <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:00</b> Helping Hands April Newsletters  <b>1:30</b> Bus Outing - Scenic Drive(A)   <b>3:00</b> Late Bloomers Garden Club   <b>6:15</b> Bingo 	<b>29.</b> <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Bible Study  11:30 ALTuck Store  <b>1:30</b> Start Right 2 © <b>1:30</b> Movie: By The Light of the Silvery Moon   <b>3:30</b> Tee Up For Golf <b>6:15</b> Sing-a-long 	<b>30.</b> <b>9:30</b> Start Right © <b>9:30</b> Armchair Exercises <b>10:30</b> Shuffleboard  <b>2:00</b> Trivia
<b>31.</b> <b>9:30</b> Chapel  <b>10:45</b> Sing-a-Long  <b>1:15</b> Afternoon Matinee   <b>2:15</b> Mystery Time (AL&C)			<h1>March 2019</h1>		