


















































| <b>Sunday</b><br>*Pet Visit (Sam & Tucker)<br>Select Sundays    | <b>Monday</b> Volunteer 3:30-5:30<br>10am Pet Visit (Kathleen & Patsy)    | <b>Tuesday</b> Volunteer 3:30-5:30<br><i>Elen's hair Salon</i>  | <b>Wednesday</b> <i>Mady 1:30-3:30</i><br>Volunteer 3:30-5:30<br><b>*EVENING PROGRAM*</b>  | <b>Thursday</b> <i>Mady 10-12</i><br>Volunteer 3:30-5:30    | <b>Friday</b> Volunteer 3:30-5:30<br><i>Elen's hair Salon</i> <br>Tuck Store 1:30-3pm Theatre Rm   | <b>Saturday</b>   |
|--|--|---|--|---|--|---|
| Piano Kids will be taking a break for the summer but will be back Sept. 8   | <b>1. Stat-Canada Day</b><br><b>- Wear Red today -</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>9:30</b> Awareness ©<br><b>10:15</b> Trivia (B)<br><b>NO Prayers &amp; Songs today</b><br><br><b>1:30</b> Mystery Time ©<br><b>1:30</b> Bingo (T)    | <b>2.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Catholic Communion(+) <br><b>11:15am Bus Outing</b><br>Lunch @ White Spot <br><b>1:15 Spirit Lifters (T)</b><br><b>1:30</b> Mystery Time ©            | <b>3.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:00</b> BeanBag Toss(B) <br><b>10:15 Hymn Sing (+)</b> <br><b>2:00 Music Afternoon(B)</b><br>w/ Frank Soda <br><b>*6:15pm Evening Program</b> | <b>4.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Word Games<br><br><b>1:30 PAINTING Class</b><br>w/Starlene (T) <br><b>1:30</b> Mystery Time ©  | <b>5.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:30 Bible Study</b> <br><b>1:30</b> Tuck Store (T)<br><b>1:30</b> Mystery Time ©  | <b>6.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Word Games (B)<br><br><b>2:00</b> Sing-A-Long ©/{C}    |
| <b>7.</b><br><b>9:30am</b> Awareness ©<br><b>10:00</b> – Dog Visit*<br>(Samantha & Tucker)<br><br><b>2:00</b> Allen Boolinoff<br>(Hymns and favorites) {C}            | <b>8.</b> <br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:00</b> Dog Visit w/Kathleen & Patsy<br><b>10:15</b> Reminisce (B )<br><b>10:15</b> Prayers & Songs(+)<br><br><b>1:30</b> Mystery Time ©<br><b>1:30</b> Bingo (T)  | <b>9. NO BUS OUTING TODAY</b><br><b>9:30</b> Armchair Exercises(B)<br><br><b>10:15</b> Catholic Communion(+) <br><b>1:15 Spirit Lifters (T)</b><br><b>1:30</b> Mystery Time ©  | <b>10.</b> <br><b>WH ANUAL SUMMER FAIR</b><br>BBQ - Residents, Family & Staff<br>Music: R. Stepp, P. Williams<br>Caricature Artist - Cory<br>Korki The Clown & Hey-Mish<br>PRDA Miniature Horses<br>Petting Zoo, Games<br>Popcorn 50/50<br><b>10AM</b>  <b>3PM</b>  | <b>11.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Word Games<br><br><b>1:30 PAINTING Class</b><br>w/Starlene (T) <br><b>1:30</b> Mystery Time © | <b>12.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:00</b> Gardening Club(O) <br><b>10:30 Bible Study</b> <br><b>1:30</b> Tuck Store (T)<br><b>1:30</b> Mystery Time © | <b>13.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Word Games (B)<br><br><b>2:00</b> Sing-A-Long ©/{C}  |
| <b>14.</b><br><b>9:30am</b> Awareness ©<br><b>10:30</b> Mattias Tome (B)<br>(AL& C) – Classical Piano <br><br><b>2:00 pm Jon Elton</b><br>(Hymns and favorites) {C} | <b>15.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Pencil Talk (B)<br><b>10:15</b> Prayers & Songs(+)<br><br><br><b>1:30</b> Mystery Time ©<br><b>1:30</b> Bingo (T)                                       | <b>16.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Catholic Communion(+) <br><b>11:15am</b><br>Steveston Cannery &<br>Picnic Lunch <br><b>1:15 Spirit Lifters (T)</b><br><b>1:30</b> Mystery Time © | <b>17.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Crossword<br><b>10:15 Hymn Sing (+)</b> <br><br><b>2:00 Music Afternoon(B)</b><br>w/Bob Collins <br><b>*6:15pm Evening Program</b>  | <b>18.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Word Games<br><br><b>1:30 Pencil Talks/Walks</b><br><br><b>1:30</b> Mystery Time ©   | <b>19.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:30 Bible Study (+)</b> <br><br><b>1:30</b> Tuck Store (T)<br><b>1:30</b> *Tea Social ©<br>Heritage Room   | <b>20.</b><br><b>9:30</b> Armchair Exercises(B)<br><b>9:30</b> Awareness ©<br><b>10:15</b> Word Games(B)<br><br><b>2:00</b> Rowan Cyr ©/{C}    |

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|---|--|--|---|--|--|--|
| <p><b>21.</b><br/> <b>9:30am</b> Awareness ☉<br/> <b>10 am</b> Mystery Time ☉</p> <p><b>2:00</b> Allen Boolinoff<br/> (Hymns and favorites) {C} </p>   | <p><b>22.</b><br/> <b>9:30</b> Armchair Exercises(B)<br/> <b>9:30</b> Awareness ☉<br/> <b>10:15</b> Reminisce (B)<br/> <b>10:15</b> Prayers &amp; Songs(+)</p> <p><b>1:30</b> Mystery Time ☉<br/> <b>1:30</b> Bingo (T) </p> | <p><b>23.</b><br/> <b>9:30</b> Armchair Exercises(B)<br/> <b>9:30</b> Awareness ☉<br/> <b>10:15</b> Catholic  Communion(+)<br/> <b>11:15am Bus Outing</b> <br/> <i>Deas Island Picnic Lunch</i><br/> <b>1:15 Spirit Lifters (T)</b><br/> <b>1:30</b> Mystery Time ☉<br/> <b>**1:30pm</b> Sing-a-long w/L.C. @ \$<br/> <b>1:30</b> Mystery Time ☉<br/> <b>**2:45pm</b> Hand Chimes w/L.C. (B)</p> | <p><b>24.</b><br/> <b>9:30</b> Armchair Exercises(B)<br/> <b>9:30</b> Awareness ☉<br/> <b>10:15</b> BeanBag Toss(B) <br/> <b>10:15 Hymn Sing (+)</b> <br/> <b>2:00 Musical Afternoon(B)</b><br/> w/ <i>Ranj Singh</i> </p> <p><b>*6:15pm Evening Program</b></p> | <p><b>25.</b><br/> <b>9:30</b> Armchair Exercises(B)<br/> <b>9:30</b> Awareness ☉<br/> <b>10:15</b> Word Games (B)<br/> <b>GENERAL STAFF Mtg</b><br/> <b>Time: 1:30-2:30 Act. Room</b></p> <p><b>1:30 Pencil Talk / Walks</b><br/> <b>1:30</b> Mystery Time ☉<br/> (if time)</p> | <p><b>26.</b><br/> <b>9:30</b> Armchair Exercises(B)<br/> <b>9:30</b> Awareness ☉<br/> <b>10:00</b> Gardening <br/> Club(O) <br/> <b>10:30</b> Bible Study </p> <p><b>1:30</b> Tuck Store (T)<br/> <b>1:30</b> Mystery Time ☉</p> | <p><b>27.</b><br/> <b>9:30</b> Armchair Exercises(B)<br/> <b>9:30</b> Awareness ☉<br/> <b>10:15</b> Word Games(B)<br/> <b>2:00</b> Rowan Cyr ☉/{C} </p> |
| <p><b>28.</b><br/> <b>9:30</b> Awareness ☉<br/> <b>10 am</b> Mystery Time ☉</p> <p><b>2:00 pm</b> <i>Jon Elton</i><br/> (Hymns and favorites) {C} </p> | <p><b>29.</b><br/> <b>9:30</b> Armchair Exercises(B)<br/> <b>9:30</b> Awareness ☉<br/> <b>10:15</b> Pencil Talk (B)<br/> <b>10:15</b> Prayers &amp; Songs(+)<br/> <b>1:30</b> Mystery Time ☉<br/> <b>1:30</b> Bingo (T) </p> | <p><b>30.</b><br/> <b>9:30</b> Armchair Exercises(B)<br/> <b>9:30</b> Awareness ☉<br/> <b>10:15</b> Catholic  Communion(+)<br/> <b>1:15pm Bus Outing</b> <br/> – <i>Scenic Drive</i><br/> <b>1:15 Spirit Lifters (T)</b><br/> <b>**1:30pm</b> Sing-a-long w/L.C. @<br/> <b>1:30</b> Mystery Time ☉<br/> <b>**2:45pm</b> Hand Chimes w/L.C. (B)</p>   | <p><b>31.</b><br/> <b>9:30</b> Armchair Exercises(B)<br/> <b>9:30</b> Awareness ☉<br/> <b>10:15</b> Crossword<br/> <b>10:15 Hymn Sing (+)</b> <br/> <b>2:00 Entertainment (B) w/</b><br/> <i>Silver Country Dancers</i> </p> <p><b>*6:15pm Evening Program</b></p>  |  |  |  |
|   |  | <p>Louise Cadrin 1:30-2:30 Complex Heritage<br/> Louise Cadrin 2:45-3:45 Basement Act. Rm</p>  | <br><p>*Cribbage Club –<br/> Available any day, any time</p>   | <p><b>LEGEND FOR ROOMS</b><br/> (O) Oak Lounge<br/> (B) Basement Activity Rm<br/> (T) Theatre Room<br/> (F) Fireside Lounge<br/> (P) Back Patio<br/> ☉ Complex Care<br/> (G) GardenView –Complex<br/> {C} Coffee Shop<br/> (+) Chapel</p>  |   |  |