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		<b>**BREAKFAST CLUB NOW ON TUES. am.</b>			<b>1. Care Conference</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:30 Bible Study</b>  <i>11:30 AL Tuck Store</i> <b>2:00 Press Your Luck</b> <b>3:30 Bowling</b>  <b>6:15 Sing-a-Long w/Angela</b> 	<b>2.</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:30 Shuffleboard</b>  <b>1:30 Armchair Travel: Scenic Cruises of the World – Romantic Europe</b> 
<b>3.</b> <b>9:30 Chapel</b>   <b>10:45 Sing-a-Long</b> <i>(piano Kids)</i>  <b>1:15 Trivia</b> <b>2:15 Mystery Time (AL&amp;C)</b>	<b>4.</b> <b>9:30 Armchair Exercises</b> <b>9:30 Start Right ©</b> <b>10:30 Word Games</b>  <b>1:30 Hymn Sing</b> <b>2:30 Tea w/Rosemarie</b> <i>(AL&amp;C)</i> <b>2:30 Bingo</b>  <b>5:30-6:30–Music Therapy</b> <i>(Oak Lounge)</i>	<b>5. (Chinese New Year)</b> <b>8:15a.m.**</b>  Breakfast Club <b>9:30 Armchair Exercises</b> <b>10:00 Start Right ©</b> <b>10:30 Shuffleboard</b> <b>1:30 Start Right 2 ©</b> <b>1:30 BUS—Scenic Drive (*)</b>  <b>2:00 Trivia</b>  <b>6:15 Jeopardy</b>	<b>6.</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:15 Catholic Communion...Chapel</b>  <b>10:30 Painting Class w/ Jess</b>   <b>2:00 Music Afternoon w/Kenny Buston</b> <i>(guitar)</i>   <b>6:15 Everyday Life Photos</b>	<b>7.</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:30 Shuffleboard</b> <b>1:30 Wheel Of Fortune</b>   <b>3:00 Late Bloomers Garden Club</b> <b>3:30 Tee Up For Golf</b>  <b>6:15 Bingo</b> 	<b>8.</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:30 Bible Study</b>  <i>11:30 AL Tuck Store</i>  <b>1:30 Start Right 2 ©</b> <b>1:30 Valentine Crafts</b> <b>3:30 Mystery Time</b>  <b>6:15 Sing-a-Long w/Angela</b> 	<b>9.</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:30 Reminisce -Red-</b>  <b>2:00 Java Club</b> 
<b>10.</b> <b>9:30 Chapel</b>   <b>10:45 Sing-a-Long</b> <i>(piano Kids)</i>  <b>1:15 Reminisce &amp;Talk</b> <i>(AL&amp;C)</i> <b>2:15 Mystery Time</b> <i>(AL&amp;C)</i>	<b>11.</b> <b>9:30 Armchair Exercises</b> <b>9:30 Start Right ©</b> <b>10:30 Word Games</b> <b>1:30 Hymn Sing</b>   <b>2:30 Bingo</b>   <b>2:30 Table Talk (AL&amp;C)</b>  <b><u>NO</u> Music Therapy</b>	<b>12.</b> <b>9:30 Armchair Exercises</b> <b>10:00 Start Right ©</b>  <b>11:30 Bus Outing – Legion Lunch(A)Wear RED</b>  <b>1:30 Spirit Lifters</b> <b>1:30 Start Right 2 ©</b> <b>3:30 Tee Up For Golf</b>  <b>6:15 Ante Up</b>	<b>13.</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:15 Catholic Communion</b>  <b>10:30 Painting Class w/ Jess</b>  <b>2:00 Musical Afternoon w/ Jon Elton</b>   <b>6:15 Crosswords</b>	<b>14. Valentine's Day</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:30 Trivia-Valentine's Day</b>  <b>2:00 Musical Afternoon w/Maria Hart-</b> <i>songs, stories &amp; High Tea</i>  <b>3:00 Late Bloomers Garden Club</b>   <b>6:15 Bingo</b> 	<b>15</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:30 Bible Study</b>  <i>11:30 AL Tuck Store</i>  <b>1:30 Start Right 2 ©</b> <b>2:00 Let's Make A Deal</b>  <b>3:30 Bowling</b>   <b>5:15 Diner's Club Chinese Food</b> 	<b>16.</b> <b>9:30 Start Right ©</b> <b>9:30 Armchair Exercises</b> <b>10:30 Trivia</b>  <b>1:30 Bus Outing - Scenic Drive</b> 

Sunday	Monday <span style="background-color: #00FFFF;">No Hymn Sing</span>	Tuesday	Wednesday	Thursday	Friday <span style="background-color: #FFFF00;">Tuck Store-11:30-1:30pm</span>	Saturday
<p><b>17.</b></p> <p><b>9:30</b> Chapel </p> <p><b>10:45 Sing-a-Long</b> (Piano Kids)</p> <p><b>1:15</b> Trivia (AL&amp;C)</p> <p><b>2:15</b> Mystery Time (AL&amp;C)</p>	<p><b>18. (BC Family Day)</b></p> <p><b>9:30</b> Armchair Exercises</p> <p><b>9:30</b> Start Right ©</p> <p><b>10:30</b> Word Games</p> <p><b>1:30</b> Puzzle Time ©</p> <p><b>1:30</b> Finish My Lyrics (AL)</p> <p><b>2:30</b> Bingo </p> <p><b>2:30</b> Table Talk (AL&amp;C)</p> <p><b>5:30-6:30—Music Therapy</b> (Oak Lounge)</p>	<p><b>19.</b></p> <p><b>9:30</b> Start Right ©</p> <p><b>9:30</b> Armchair Exercises</p> <p><b>11:30</b> Bus Outing – Lunch @ Turkey Deli (A) </p> <p><b>1:30</b> Anglican Church Service </p> <p><b>1:30</b> Start Right 2 ©</p> <p><b>2:30</b> Shuffleboard</p> <p><b>3:30</b> Mystery Time</p> <p><b>6:15</b> Laughter Yoga</p>	<p><b>20.</b></p> <p><b>9:30</b> Start Right ©</p> <p><b>9:30</b> Armchair Exercises</p> <p><b>10:15</b> Catholic Communion-(Chapel) </p> <p><b>10:30</b> <u>Painting Class w/ Jess</u></p> <p><b>2:00 Musical Afternoon w/Helen Siemens (harp)</b> </p> <p><b>6:15</b> Cub Scouts visit</p>	<p><b>21.</b></p> <p><b>9:30</b> Start Right ©</p> <p><b>9:30</b> Armchair Exercises</p> <p><b>10:30</b> Mike's Critters</p> <p><b>1:30</b> Bus Outing Scenic Drive </p> <p><b>2:00</b> Java Club </p> <p><b>3:00</b> Late Bloomers Garden Club </p> <p><b>6:15</b> Bingo </p>	<p><b>22. Care Conference</b></p> <p><b>9:30</b> Start Right ©</p> <p><b>9:30</b> Armchair Exercises</p> <p><b>10:30</b> Bible Study  <i>11:30 AL Tuck Store</i></p> <p><b>11:30</b> Friday Friendship (A) (Christine Shafrick) </p> <p><b>1:30</b> Start Right 2 ©</p> <p><b>3:30</b> Bowling </p> <p><b>6:15 Sing-a-Long w/Angela</b> </p>	<p><b>23.</b></p> <p><b>9:30</b> Start Right ©</p> <p><b>9:30</b> Armchair Exercises</p> <p><b>10:30</b> Finish My Lyrics </p> <p><b>1:30</b> Movie: Where The Red Fern Grows </p>
<p><b>24.</b></p> <p><b>9:30</b> Chapel </p> <p><b>10:45 Sing-a-Long</b> (Piano Kids)</p> <p><b>1:15</b> Reminisce &amp; Talk ©</p> <p><b>2:15</b> Mystery Time (AL&amp;C)</p> <p><b>3:30</b> Bus Outing  <i>Surrey Eagles Vs Langley Rivermen</i> </p>	<p><b>25.</b></p> <p><b>9:30</b> Armchair Exercises</p> <p><b>9:30</b> Start Right ©</p> <p><b>10:30</b> Word Games</p> <p><b>1:30 Hymn Sing</b> </p> <p><b>2:30</b> Bingo </p> <p><b>2:30</b> Tea w/Rosemarie (AL&amp;C)</p> <p><b>5:30-6:30—Music Therapy</b> (Oak Lounge)</p>	<p><b>26. 8:15**</b>  Breakfast Club</p> <p><b>9:30</b> Armchair Exercises</p> <p><b>10:00</b> Start Right ©</p> <p><b>10:30</b> <u>Resident Council</u></p> <p><b>1:30</b> Start Right 2 ©</p> <p><b>1:30 Spirit Lifters</b></p> <p><b>2:30</b> Trivia</p> <p><b>3:30</b> Tee up for Golf</p> <p><b>6:15</b> Jeopardy</p>	<p><b>27.</b></p> <p><b>9:30</b> Start Right ©</p> <p><b>9:30</b> Armchair Exercises</p> <p><b>10:15</b> Catholic Communion-(Chapel) </p> <p><b>10:30</b> Shuffleboard</p> <p><b>2:00 Musical Afternoon w/ Brian Zalo (guitar)</b>  </p> <p><b>6:15</b> Canadian Trivia</p>	<p><b>28.</b></p> <p><b>9:30</b> Start Right ©</p> <p><b>9:30</b> Armchair Exercises</p> <p><b>10:00</b> Helping Hands March Newsletters</p> <p><b>1:30</b> Table Games</p> <p><b>2:00</b> Mystery Time</p> <p><b>3:00</b> Late Bloomers Garden Club </p> <p><b>6:15</b> Bingo </p>		
					 <p><b>February 2019</b></p>	