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	1. BC Day Stat No pet Therapy No Hymn sing 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Shuffleboard(B) 1:30 Mystery Time © 1:30 Bingo (T) 	2. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:15 Catholic Communion(+)  1:15 Bus Outing- Semiahmoo Mall  1:30 Mystery Time © 1:30 Spirit Lifters (T)	3. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Bean Bag Toss (B) 10:15 Prayer Service(+) w/communion  2:00 Music Afternoon(B) & HAPPY HOUR  w/Frank Soda(Elec. Guitar)	4. NO YOGA 9:30 Armchair Exercises(B) 9:30 Awareness © 10:15 Word Games (B) 1:30 Mystery Time © 1:30 PAINTING Class w/Starlene (T) 	5. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:30 Bible Study(+)  1:30 Tuck Store (O) 1:30 Mystery Time ©	6. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Word Games(B) 1:30 Mystery Time © 2:00 Outside Walks (weather permitting) / OR sing-a-long
7. 9:30 Awareness © 1:30 Mystery Time (AL& C)	8. NO Hymn Sing 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Pet Therapy (All areas) (Darlene & Dennis) 10:00 Shuffleboard(B) 1:30 Mystery Time © 1:30 Bingo (T) 	9. NO Spirit Lifters 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 am* Bus Outing- Baseball – S.Surrey  10:15 Catholic Communion(+)  1:30 Mystery Time © 1:30 Movie t.b.a. 	10. NO Prayer Service 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Bean Bag Toss (B) 2:00 Music Afternoon(B) & HAPPY HOUR w/ Ranj Singh (Guitar-folk) 	11. NO YOGA 9:30 Armchair Exercises(B) 9:30 Awareness © 10:15 Word Games (B) 1:30 Mystery Time © 1:30 Bingo (T)  4:30 Armchair Yoga (O) 	12. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Gardening Club(O)  10:30 Bible Study(+)  1:30 Tuck Store (O) 1:30 Mystery Time © 2:30 Karaoke Joe (B)OR (Outside) 	13. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Word Games (B) 1:30 Mystery Time © 2:00 Outside Walks (weather permitting) / OR sing-a-long
14. 9:30 Awareness © 1:30 Mystery Time (AL& C)	15. No pet Therapy 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Shuffleboard(B) 10:15 Hymn Sing(+)  1:30 Mystery Time © 1:30 Bingo (T) 	16. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:15 Catholic Communion(+)  10:30 Resident Council (B)  1:15 Bus Outing-TBA  1:30 Mystery Time © 1:30 Spirit Lifters (T)	17. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Bean Bag Toss(B) 10:15 Prayer Service(+)  2:00 Music Afternoon(B) & HAPPY HOUR w/ Jon Elton(Standards) 	18. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:15 Word Games(B) 1:30 PAINTING Class w/Starlene (T)  4:30 Armchair Yoga 	19. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:30 Bible Study(+)  1:30 Tuck Store (O) 1:30 Mystery Time © 2:30 Karaoke Joe (B)OR (Outside) 	20. 9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Word Games(B) 1:30 Mystery Time © 2:30 Karaoke Joe (B)OR (Outside) 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21.</p> <p>9:30 Awareness ©</p> <p>1:30 Mystery Time (AL& C)</p>	<p>22. No pet Therapy</p> <p>9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Shuffleboard(B) 10:15 Hymn Sing (+) </p> <p>1:30 Mystery Time ©  1:30 Bingo (T)</p>	<p>23.</p> <p>9:30 Armchair Exercises(B) 9:30 Awareness © 10:15 Catholic Communion(+) 10:00 Word Game(B)</p> <p>1:15 Bus Outing-TBA  1:30 Mystery Time © 1:30 Spirit Lifters (T) </p>	<p>24.</p> <p>9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Bean Bag Toss(B) 10:15 Prayer Service(+) </p> <p>2:00 Musical Afternoon(B) & HAPPY HOUR w/Richard Stepp  (Piano-honky tonk)</p>	<p>25.</p> <p>9:30 Armchair Exercises(B) 9:30 Awareness © 10:15 Word Games(B)</p> <p>1:30 Outdoor Walks 1:30 Mystery Time ©</p> <p>4:30 Armchair Yoga </p>	<p>26.</p> <p>9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Gardening Club(O) </p> <p>10:30 Bible Study (+) </p> <p>1:30 Tuck Store (O) 1:30 Mystery Time © 2:30 Karaoke Joe (B)  OR (Outside)</p>	<p>27.</p> <p>9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Word Games(B)</p> <p>1:30 Mystery Time © 2:00 Outside Walks (weather permitting) / OR sing-a-long</p>
<p>28.</p> <p>9:30 Awareness ©</p> <p>1:30 Mystery Time (AL& C)</p>	<p>29.</p> <p>9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Shuffleboard(B) 10:00 Pet Therapy (All areas) (Darlene & Dennis) 10:15 Hymn Sing (+) </p> <p>1:30 Mystery Time © 1:30 Bingo (T) </p>	<p>30.</p> <p>9:30 Armchair Exercises(B) 9:30 Awareness © 10:15 Catholic Communion(+) 10:00 Word Game(B)</p> <p>1:15 Bus Outing-TBA  1:30 Mystery Time © 1:30 Spirit Lifters (T) </p>	<p>31.</p> <p>9:30 Armchair Exercises(B) 9:30 Awareness © 10:00 Bean Bag Toss(B) 10:15 Prayer Service(+) </p> <p>2:00 Musical Afternoon(B) & HAPPY HOUR w/ Brian Gimbel  (Keyboards)</p>	<p>LEGEND FOR ROOMS</p> <p>(O) Oak Lounge (B) Basement Activity Rm (T) Theatre Room (F) Fireside Lounge (P) Back Patio © Complex Care (G) GardenView –Complex {C} Coffee Shop (+) Chapel</p> <p>PLEASE NOTE* *If you wish to go on a bus outing, you MUST SIGN UP IN ADVANCE* There are limited seats and we will try to accommodate as many different residents as possible. We will not accept any last minute sign-ups, unless there is a cancellation.</p>	